

Monday	Tuesday	Wednesday	Thursday
			<p>1</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Sign Up) 1 p.m. - Bingo & Yoga</p>
<p>5</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Brunch (Must Sign Up) 6:30 p.m. – Pinochle</p>	<p>6</p> <p>8 a.m.-3:45 p.m. – Exercise Room 10 a.m. - Knitting Hearts 10: 30 a.m. - Music w/Jerry Ivory 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers</p>	<p>7</p> <p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 9 a.m. – Noon – Wii Bowling 12 p.m. – Lunch & Dan & Galla Christmas Show (Must Sign Up) (\$7/Member; \$10/Non-Member)</p>	<p>8</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Sign Up) 1 p.m. - Bingo & Yoga</p>
<p>12</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Pot Luck Lunch (Sign Up) Ugly Sweater Creation (Watch for Details) 6:30 p.m. - Pinochle</p>	<p>13</p> <p>8 a.m.-3:45 p.m. – Exercise Room 10 a.m. - Knitting Hearts 10: 30 a.m. - Music w/Barry Barrett 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers</p>	<p>14</p> <p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 9 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo</p>	<p>15</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Sign Up) 1 p.m. - Bingo & Yoga 2:30 p.m. – Ugly Sweater Parade/Party</p>
<p>19</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 11 a.m. - Brunch & Chatterbug Society (Come Chat With Us) 6:30 p.m. – Pinochle</p>	<p>20</p> <p>8 a.m.-3:45 p.m. – Exercise Room 10 a.m. - Knitting Hearts 10: 30 a.m. - Music w/Jerry Ivory 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers</p>	<p>21</p> <p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 9 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 2:30 – 3:30 –Snack Attack (Sign Up)</p>	<p>22</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Sign Up) 1 p.m. - Bingo & Yoga</p>
<p>26</p> <p>The Senior Center is Closed. Enjoy time with your families!!</p> <p>CLOSED!!!</p>	<p>27</p> <p>8 a.m.-3:45 p.m. – Exercise Room 10 a.m. - Knitting Hearts 10: 30 a.m. - Music w/Barry Barrett 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers</p>	<p>28</p> <p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 9 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo</p>	<p>29</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Sign Up) 1 p.m. - Bingo & Yoga</p>