

Monday	Tuesday	Wednesday	Thursday
<p>On Tuesday, December 5th, Patti from United Healthcare will be at the center at 2:30 for Trivia with the members. Join us for an afternoon of fun after bingo!</p>	<p>On Wednesday, December 20th, we will have our Ugly Sweater/Christmas Party. We will have the congregated lunch but encourage everyone to bring a side or dessert to share. Please sign up!!</p>		
<p>4</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 11:30 a.m. - Yoga 12 p.m. – Lunch (\$2) 6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>5</p> <p>8 a.m.-3:45 p.m. – Exercise Room 10 a.m. - Board Games 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers 2:30 p.m. – Trivia with Patti from United Healthcare</p>	<p>6</p> <p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 2:30 p.m.- Craft (Must Sign Up)</p>	<p>7</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Must Sign Up) 1 p.m. - Bingo</p>
<p>11</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 11:30 a.m. - Yoga 12 p.m. – Lunch (\$2) 1 p.m.- Bible Study 6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>12</p> <p>8 a.m.-3:45 p.m. – Exercise Room 10 a.m. - Board Games 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers</p>	<p>13</p> <p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo</p>	<p>14</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Must Sign Up) 1 p.m. - Bingo</p>
<p>18</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 11:30 a.m. - Yoga 12 p.m. – Lunch (\$2) 6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>19</p> <p>8 a.m.-3:45 p.m. – Exercise Room 10 a.m. - Board Games 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers</p>	<p>20</p> <p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Ugly Sweater/Christmas Party! (Please bring a side or dessert to share! Must Sign Up) Following Party– Bingo</p>	<p>21</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Must Sign Up) 1 p.m. - Bingo</p>
<p>25</p> <p>Closed Merry Christmas!</p>	<p>26</p> <p>Closed</p>	<p>27</p> <p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo</p>	<p>28</p> <p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Must Sign Up) 1 p.m. - Bingo</p>