






Monday	Tuesday	Wednesday	Thursday
<p>3</p> <p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. –Silver Sneakers            11:45 a.m. -- Yoga            12:00 p.m.—Senior Life Pizza/Bingo            6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>4</p> <p>8 a.m.-3:45 p.m. – Exercise Room            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo            1 p.m. &amp; 2:15 p.m. Silver Sneakers</p>	<p>5</p> <p>8 a.m.-3:45 p.m.- Exercise Room            9 a.m. – Noon – Line Dancing            10 a.m. – Noon – Wii Bowling            10 a.m. Produce Day for Signed Up            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo</p>	<p>6</p> <p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            12 p.m. – Lunch (Please sign up)            1:00 p.m. – Bingo            6 p.m. – Game Night</p>
<p>10</p> <p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            11:45 a.m. - Yoga            12:00 p.m.—Lunch            1:00 p.m. – Bible Study            6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>11</p> <p>8 a.m.-3:45 p.m. – Exercise Room            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo            1 p.m. &amp; 2:15 p.m. Silver Sneakers</p>	<p>12</p> <p>8 a.m.-3:45 p.m.- Exercise Room            9 a.m. – Noon – Line Dancing            10 a.m. – Noon – Wii Bowling            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo</p>	<p>13</p> <p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            12 p.m. – Lunch (Please sign up)            1:00 p.m. – Bingo            6 p.m. – Game Night</p>
<p>17</p> <p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            11:45 a.m. - Yoga            12:00 p.m.—Lunch            1:00 p.m.- Amber Hills Bingo            6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>18</p> <p>8 a.m.-3:45 p.m. – Exercise Room            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo            1 p.m. &amp; 2:15 p.m. Silver Sneakers</p>	<p>19</p> <p>8 a.m.-3:45 p.m.- Exercise Room            9 a.m. – Noon – Line Dancing            10 a.m. – Noon – Wii Bowling            11 a.m. – Christmas Gift Exchange            12 p.m. – Lunch (Must Sign Up)            12:30 p.m. - Christmas Party            1:30 p.m. – Bingo</p>	<p>20</p> <p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            12 p.m. – Lunch (Please sign up)            1:00 p.m. – Big Bingo            6 p.m. – Game Night</p>
<p>24</p>  <p><b>Merry Christmas Eve!</b> The Center is Closed</p>	<p>25</p>  <p><b>Merry Christmas!</b> The Center is Closed</p>	<p>26</p>  <p><b>The Center is Closed</b></p>	<p>27</p>  <p><b>The Center is Closed</b></p>
<p>31</p>  <p><b>Happy New Year</b> The Center is Closed</p>			