

# June 2017

Monday	Tuesday	Wednesday	Thursday
			1
			<p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            12 p.m. - Lunch (Must Sign Up)            1 p.m. - Bingo</p>
5	6	7	8
<p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            11:30 a.m. - Yoga            12 p.m. – Pot Luck Lunch            6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>8 a.m.-3:45 p.m. – Exercise Room            10 a.m. - Knitting Hearts            10:30 a.m. - Music w/Jerry Ivory            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo            1 p.m. &amp; 2:15 p.m. Silver Sneakers</p>	<p>8 a.m.-3:45 p.m.- Exercise Room            9 a.m. – Noon – Line Dancing            10 a.m. – Noon – Wii Bowling            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo            2:30 p.m. – Craff (Must Sign Up)</p>	<p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            12 p.m. - Lunch (Must Sign Up)            1 p.m. - Bingo</p>
12	13	14	15
<p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            11:30 a.m. - Yoga            12 p.m. – Lunch (\$2) (Congregate)            1 p.m.- Bible Study            6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>8 a.m.-3:45 p.m. – Exercise Room            10 a.m. - Knitting Hearts            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo            1 p.m. &amp; 2:15 p.m. Silver Sneakers</p>	<p>8 a.m.-3:45 p.m.- Exercise Room            9 a.m. – Noon – Line Dancing            10 a.m. – Noon – Wii Bowling            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo</p>	<p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            12 p.m. - Lunch (Must Sign Up)            1 p.m. - Bingo</p>
19	20	21	22
<p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            11:30 a.m. - Yoga            12 p.m. – Chatterbug/Lunch (\$2)            6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>8 a.m.-3:45 p.m. – Exercise Room            10 a.m. - Knitting Hearts            10:30 a.m. - Music w/Jerry Ivory            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo            1 p.m. &amp; 2:15 p.m. Silver Sneakers</p>	<p>8 a.m.-3:45 p.m.- Exercise Room            9 a.m. – Noon – Line Dancing            10 a.m. – Noon – Wii Bowling            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo</p>	<p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            12 p.m. - Lunch (Must Sign Up)            Picnic Party (Outdoor Games &amp; Fun)            No Bingo Today!</p>
26	27	28	29
<p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            11:30 a.m. - Yoga            12 p.m. – Ordered Lunch (\$3)            1 p.m. – Bible Study            6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>8 a.m.-3:45 p.m. – Exercise Room            10 a.m. - Knitting Hearts            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo            1 p.m. &amp; 2:15 p.m. Silver Sneakers</p>	<p>8 a.m.-3:45 p.m.- Exercise Room            9 a.m. – Noon – Line Dancing            10 a.m. – Noon – Wii Bowling            12 p.m. – Lunch (Must Sign Up)            1 p.m. – Bingo</p>	<p>8 a.m. – 3:45 p.m.- Exercise Room            8:45 a.m. - Strong Bones            10 a.m. – Silver Sneakers            12 p.m. - Lunch (Must Sign Up)            1 p.m. - Bingo</p>