

May 2017

Monday	Tuesday	Wednesday	Thursday
1	2	3	4
8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 11:30 a.m. - Yoga 12 p.m. – Pot Luck Lunch 6:30 p.m. – Pinochle/Exercise Rm.	8 a.m.-3:45 p.m. – Exercise Room 10 a.m. – Board Game 10:30 a.m. - Music w/Jerry Ivory 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers	8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 2:30 p.m. – Craft (Must Sign Up)	8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Must Sign Up) 1 p.m. - Bingo
8	9	10	11
8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 11:30 a.m. - Yoga 12 p.m. – Lunch (\$2) (Congregate) 1 p.m.- Bible Study 6:30 p.m. – Pinochle/Exercise Rm.	8 a.m.-3:45 p.m. – Exercise Room 10 a.m. – Board Game 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers	8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo	8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Must Sign Up) 1 p.m. - Bingo
15	16	17	18
8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 11:30 a.m. - Yoga 12 p.m. – Chatterbug/Lunch (\$2) 6:30 p.m. – Pinochle/Exercise Rm.	8 a.m.-3:45 p.m. – Exercise Room 10 a.m. – Board Game 10:30 a.m. - Music w/Jerry Ivory 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers	8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 2:30 p.m. – Snack Attack (Must Sign Up)	8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Must Sign Up) 1 p.m. – Cinco De Mayo Party!! (No Bingo Today)
22	23	24	25
8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 11:30 a.m. - Yoga 12 p.m. – Ordered Lunch (\$3) 1 p.m. – Bible Study 6:30 p.m. – Pinochle/Exercise Rm.	8 a.m.-3:45 p.m. – Exercise Room 10 a.m. – Board Game 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers	8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo	8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. - Lunch (Must Sign Up) 1 p.m. - Bingo
29	30	31	
<div style="display: flex; align-items: center;"> <div> <p>Center Closed for Memorial Day!!</p> <p>Join us for the Memorial Day Ceremony at 11 a.m.</p> </div> </div>	8 a.m.-3:45 p.m. – Exercise Room 10 a.m. – Board Game 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers	8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo	* Mon., May 8 th - Cam Tran Trip to Greensburg (\$3) Must Sign Up! * Mon., May 22 nd - Cam Tran Trip to Kentuck Knob (\$22) Must Sign Up!