Monday	Tuesday	Wednesday	
September 18th we will be having a Tailgate Themed Party. You must sign up and we ask everyone to bring a covered dish to share!		- м-епц-saay	Thursday
Closed Labor Day!	8 a.m3:45 p.m. – Exercise Room 10 a.m Board Games 10:30 a.m Music w/Jerry Ivory 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers	8 a.m3:45 p.m Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 2:30 p.m Craft (Must Sign Up)	8 a.m. – 3:45 p.m Exercise Room 8:45 a.m Strong Bones 10 a.m. – Silver Sneakers 12 p.m Lunch (Must Sign Up) 1 p.m Bingo
8 a.m. – 3:45 p.m Exercise Room 8:45 a.m Strong Bones 10 a.m. – Silver Sneakers 11:30 a.m Yoga 12 p.m. – Lunch (\$2) 1 p.m Bible Study 6:30 p.m. – Pinochle/Exercise Rm.	8 a.m3:45 p.m. – Exercise Room 10 a.m Board Games 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers	8 a.m3:45 p.m Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo	8 a.m. – 3:45 p.m Exercise Room 8:45 a.m Strong Bones 10 a.m. – Silver Sneakers 12 p.m Lunch (Must Sign Up) 1 p.m Bingo
8 a.m. – 3:45 p.m Exercise Room 8:45 a.m Strong Bones 10 a.m. – Silver Sneakers 11:30 a.m Yoga 12 p.m. – Tailgate Party 6:30 p.m. – Pinochle/Exercise Rm.	8 a.m3:45 p.m. – Exercise Room 10 a.m Board Games 10:30 a.m Music w/Jerry Ivory 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers	8 a.m3:45 p.m Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 2:30 p.m Snack Attack (Sign-Up)	8 a.m. – 3:45 p.m Exercise Room 8:45 a.m Strong Bones 10 a.m. – Silver Sneakers 12 p.m Lunch (Must Sign Up) 1 p.m Bingo
8 a.m. – 3:45 p.m Exercise Room 8:45 a.m Strong Bones 10 a.m. – Silver Sneakers 11:30 a.m Yoga 12 p.m. – Lunch (\$2) 1 p.m Bible Study 6:30 p.m. – Pinochle/Exercise Rm.	8 a.m3:45 p.m. – Exercise Room 10 a.m Board Games 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers	8 a.m3:45 p.m Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo	28 8 a.m. – 3:45 p.m Exercise Room 8:45 a.m Strong Bones 10 a.m. – Silver Sneakers 12 p.m Lunch (Must Sign Up) 1 p.m Bingo