

Monday	Tuesday	Wednesday	Thursday
3	4	5	6
<p>Closed (Happy Labor Day)</p>	<p>8 a.m.-3:45 p.m. – Exercise Room 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers</p>	<p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 10 a.m. Produce Day for Signed Up 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo</p>	<p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. – Lunch (Please sign up) 1:00 p.m. - Bingo</p>
10	11	12	13
<p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. –Silver Sneakers 11:45 a.m. -- Yoga 12:00 p.m.—Senior Life Pizza/Bingo 1:00 p.m. – Bible Study 6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>8 a.m.-3:45 p.m. – Exercise Room 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers</p>	<p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) Snack (Following Lunch) 1 p.m. – Bingo</p>	<p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. – Lunch (Please sign up) 1:00 p.m. - Bingo</p>
17	18	19	20
<p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 11:45 a.m. - Yoga 12:00 p.m.—Lunch 6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>8 a.m.-3:45 p.m. – Exercise Room 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers</p>	<p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo</p>	<p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. – Lunch (Please sign up) Snack (Following Lunch) 1:00 p.m. - Bingo</p>
24	25	26	27
<p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 11:45 a.m. - Yoga 12:00 p.m.—Lunch 1:00 p.m. – Bible Study 6:30 p.m. – Pinochle/Exercise Rm.</p>	<p>8 a.m.-3:45 p.m. – Exercise Room 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo 1 p.m. & 2:15 p.m. Silver Sneakers</p>	<p>8 a.m.-3:45 p.m.- Exercise Room 9 a.m. – Noon – Line Dancing 10 a.m. – Noon – Wii Bowling 12 p.m. – Lunch (Must Sign Up) 1 p.m. – Bingo</p>	<p>8 a.m. – 3:45 p.m.- Exercise Room 8:45 a.m. - Strong Bones 10 a.m. – Silver Sneakers 12 p.m. – Lunch (Please sign up) 1:00 p.m. - Bingo</p>